

## WHAT CLIENTS SAY...

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*"Jennifer's coaching has been a key ingredient in helping me meet my goals in all areas of my life. With her help and LYV I have experienced great peace in my life, clarified what I want, and developed my own intuition. I highly recommend Jennifer. She is an amazing life coach!*

*C. Mandeville*

*"Jennifer was able to go to the heart of my words, to articulate back to me the language of my longing, and to question me in a way that left me empowered. She helped me to see for myself not only my own unique potential, but also of the absolute necessity in striving forward toward my dream. These skills go beyond a coach's training. This glimmers of Gift."*

*J. Mainstone*

*"Over the years I have done a tremendous amount of personal growth work. And most of it while effective was just that, work. The LYV process has been the gentlest process that I have ever experienced. You made it spontaneous, easy and fun! The process itself works because there is this continuous link between the highest soul vision and the physical reality in which the higher self lives. As a result of this weekend I feel relaxed and at peace in a way I never had. Rather than walking away with only a lofty sense of who I am at my essence, I am walking away with aspirations, intentions and concrete, doable action steps which will support me in living my purpose every day!!*

*D. Bosteder*

## ABOUT JENNIFER STARR...

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**Jennifer** is a Professional Certified Coach (PCC), a trained group facilitator, and an ordained Spiritual Counselor. She is a course leader at *inviteCHANGE®*, a training and coaching services organization dedicated to the integration of the transformative coaching paradigm into everyday living.

**Her passion is** to intuitively facilitate people in getting clear about their life vision and soul's purpose, helping them find, live & stay in their divine brilliance for joyous, fulfilling lives. Her playful, creative and powerful style inspires self-acceptance, personal empowerment and infinite possibilities. Her gift is to bring play and fun back into life while staying connected to meaning and purpose.

Contact  
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*A powerful process for people  
who are passionate  
about living life more fully*

*Your vision will become clear  
only when you look into your  
heart. Who looks outside,  
dreams. Who looks inside,  
awakens.*

*-- Carl Jung*

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# JENNIFER STARR

Living Your Vision® Facilitator

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## WHAT IT'S ABOUT...

Produce and sustain extraordinarily positive results while appreciating the journey through self awareness, personal growth and self-mastery.

**Living Your Vision®** is a complete package: a transformative process and life long system consisting of tools, resources and strategies that support living a life aligned with your inner brilliance and highest potential.

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## LIVING YOUR VISION® IS FOR:

- Visionary leaders who want to make extraordinary contributions in the world.
- People who want to bring a dream to life, such as a new business, a new career or a creative project.
- Those who want to experience more balance and spiritual connection.
- People who are in transition and want to navigate the change gracefully and powerfully towards living their ultimate life.
- Anyone who wants to experience greater satisfaction, fulfillment and balance, personally or professionally.
- Create or transform more open, honest and balanced and relationships.

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## HOW IT WORKS...

The **Living Your Vision®** process is a highly experiential learning platform, composed of three phases.

Phase one is a highly interactive, in-person workshop called **Discover Your Vision®**. As your coach and champion, I will guide you through a process to discover your vision and purpose, and clarify your core values and guiding principles.

Phase two is **Living Your Vision® Life Map**, also in- person, where you will design your personal **LYV® Map**.

Phase three is **Living Your Vision® Implementation and Integration**, which involves twelve weeks of on-going coaching that supports you to step into action, move through any potential challenges and celebrate your successes.

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## LIVING YOUR VISION® CONTRIBUTES TO...

**...a world in which everyone is living a rich and fulfilling life, living their vision.**

The **Living Your Vision®** process provides the essential elements of CLARITY of vision, ALIGNMENT with purpose, and commitment to ACTION, and a life long tool and pathway for sustained positive results and success.

**Transformative coaching** with Jennifer provides a safe, playful and magical environment of commitment, respect and belief in your inherent wisdom, wholeness, resourcefulness and Divine Brilliance!

## Within this co-created partnership:

- Bold curiosity and powerful questions uncover limiting beliefs, and...
- Shine the light on an unlimited field of possibilities, that...
- Generates conscious choice and lasting change.

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## WHAT YOU GET...

- A comprehensive inventory to help you prepare for the LYV® process
- 24-30 hours of one-on-one facilitation
- A **Living Your Vision®** workbook, tools, forms and resources.
- Clear and compelling statements of your vision, purpose, core values and guiding principles to guide your life
- A detailed Living Your Vision® Life Map outlining your intentions, choices and actions in nine key life areas
- 12 sessions of professional coaching with Jennifer.
- **A richer and more fulfilling life, living your vision!**

**You can begin**  
**Living Your Vision®**  
**today!**

For pricing and scheduling call  
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